



Signs and Symptoms of Drug Abuse

PHYSICAL AND HEALTH WARNING SIGNS.

- Blood shot eyes.
- Pupils are larger or smaller.
- Frequent nose bleeds (related to snorting cocaine)
- Change in appetite.
- Sudden weight loss.
- Change in sleep patterns.
- Seizures without history of epilepsy.
- Shakes, tremors.
- Unusual smells on breath, body and clothing.
- Injuries/accidents/ unable to explain how they got hurt.
- Incoherent or slurred speech.
- Impaired or unstable coordination

BEHAVIOURAL SIGNS.

- Drop in attendance and performance at work or school.
- Loss of interest in extra-curricular activities, hobbies, sports or exercises.
- Decreased motivation.
- Unusual or unexpected need for money.
- Borrowing or stealing
- Silent, withdrawn, engaging in secretive or suspicious behavior.
- Sudden change in relationship, friends and hobbies.
- Frequently got into trouble (arguments, fights, accidents, illegal activities)



Insomnia

Anxiety &

Panic Attacks

Depression

Muscle Spasms



Nausea

Delirium

Aches & Pains



PSYCHOLOGICAL WARNING SIGNS.

- Unexplained change in personality or attitude,
- Sudden mood changes.
- Irritability, angry outbursts, mood swings.
- periods of unusual hyperactivity or agitation
- Lack of motivation, inability to focus
- Lethargic or 'space out'
- Appearing fearful, withdrawn, anxious or paranoid with no apparent reasons

DR IDRICE GOOMANY TREATMENT CENTRE



Sir Edgar Laurent Street (known as Magon Street)
Port Louis, Republic of Mauritius

Tel : (230) 2423016

: (230) 52943736

Fax: (230) 2426098

Email: goomany@bow.intnet.mu

Website: <https://www.goomanytreatmentcentre.org>

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